# nuband

Activ +

NUBAND APP

Download on the App Store

ANDROID APP ON Google play

## Model: NU-G0002

www.nutechdesign.com

# FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference.
(2) This device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

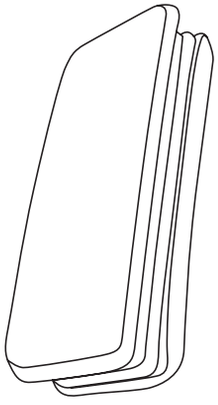
## GETTING TO KNOW YOUR NUBAND

- Nuband activity trackers help you improve your health by counting steps and calories burned, and letting you set exercise goals to improve you standard of fitness.

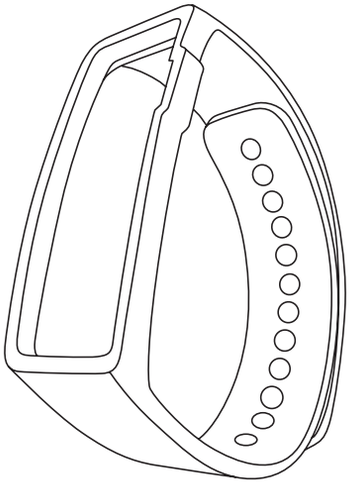
- Nuband also has a sleep monitor, that when activated monitors movement patterns during your sleep cycle to get an understanding of standard of rest.

## IN THIS PACK

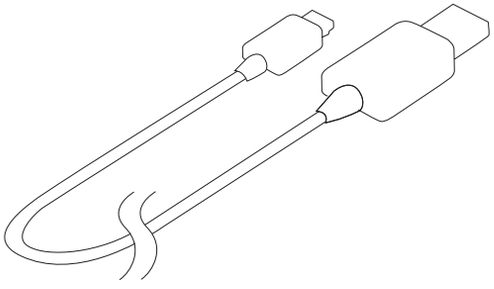
- Nuband Activ+ Tracker
- Nuband Activ+ Silicon Band
- USB Charge Cable



Nuband Activ+ Tracker



Nuband Activ+ band



USB Charge Cable

# GETTING STARTED

- When opening product make sure band is charged via USB charge cable for 2 hours. When plugged in you will see a ( ) symbol appear to show charging.

- Once complete unplug and pressing the button band will allow you to scroll through the various functions to get a general feel of the user interface.

- Go to google play store or apple app store and search free "Nuband" App

- Download to your device

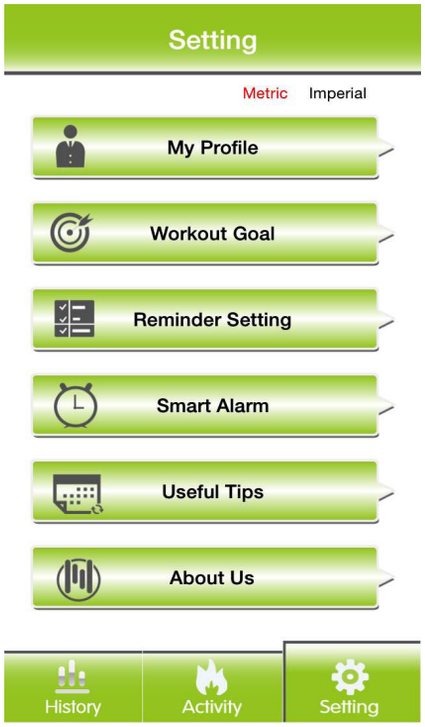
- Go to phone or tablet and switch bluetooth on.

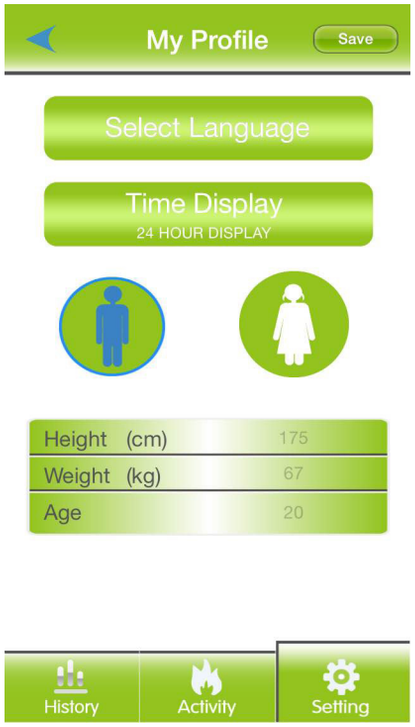
- Open Nuband App > Setting > Profiles

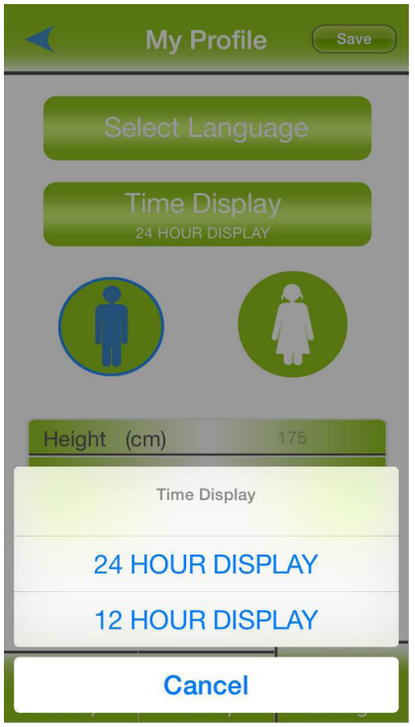
- This allows you to set your key information: Height, Weight, Age, Gender

- Once complete press save.

- You can change cm to feet and inches, miles to km by pressing imperial or metric in settings screen.

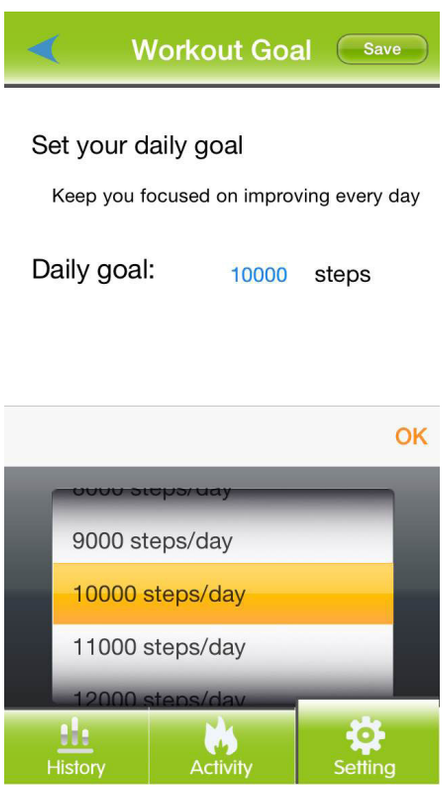

Setting
Metric
Imperial
My Profile
Workout Goal
Reminder Setting
Smart Alarm
Useful Tips
About Us
History
Activity
Setting

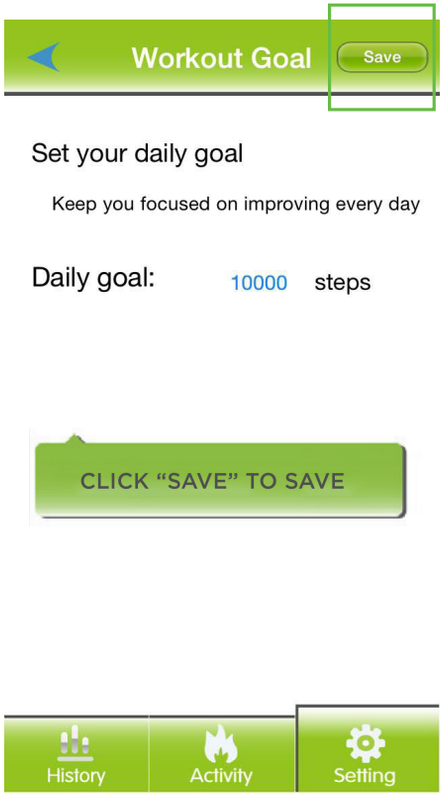

My Profile
Save
Select Language
Time Display
24 HOUR DISPLAY
Height (cm) 175
Weight (kg) 67
Age 20
History
Activity
Setting


My Profile
Save
Select Language
Time Display
24 HOUR DISPLAY
Height (cm) 175
Time Display
24 HOUR DISPLAY
12 HOUR DISPLAY
Cancel

# SETTING YOUR WORKOUT GOALS

- Now go to Setting > Workout goals and open
- Choose the daily goal you wish to participate in
- Click over goal and a scroll option will open in order to lower or raise your chosen goal.
- Once complete press save.



# PAIRING YOUR NUBAND TO THE APP

- Go to the activity screen of your Nuband App
- Press the button Nuband to light the screen (This sends a wireless receiver)
- Immediately press sync button on App

You will now receive following message:

Bluetooth Connecting

Connection Successful

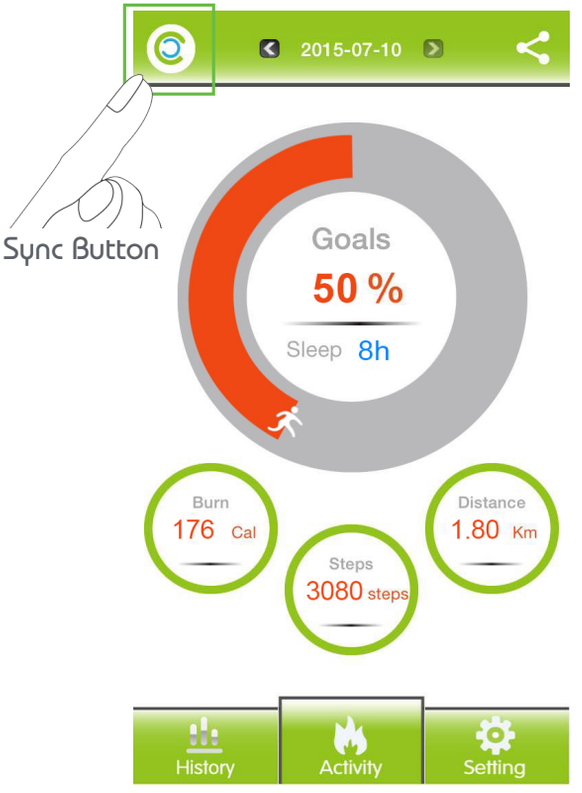
Synchronising

Synchronisation Complete

Bluetooth Disconnect

**Important Note:**

**The band disconnects at the end in order to preserve battery life of phone and Nuband.**

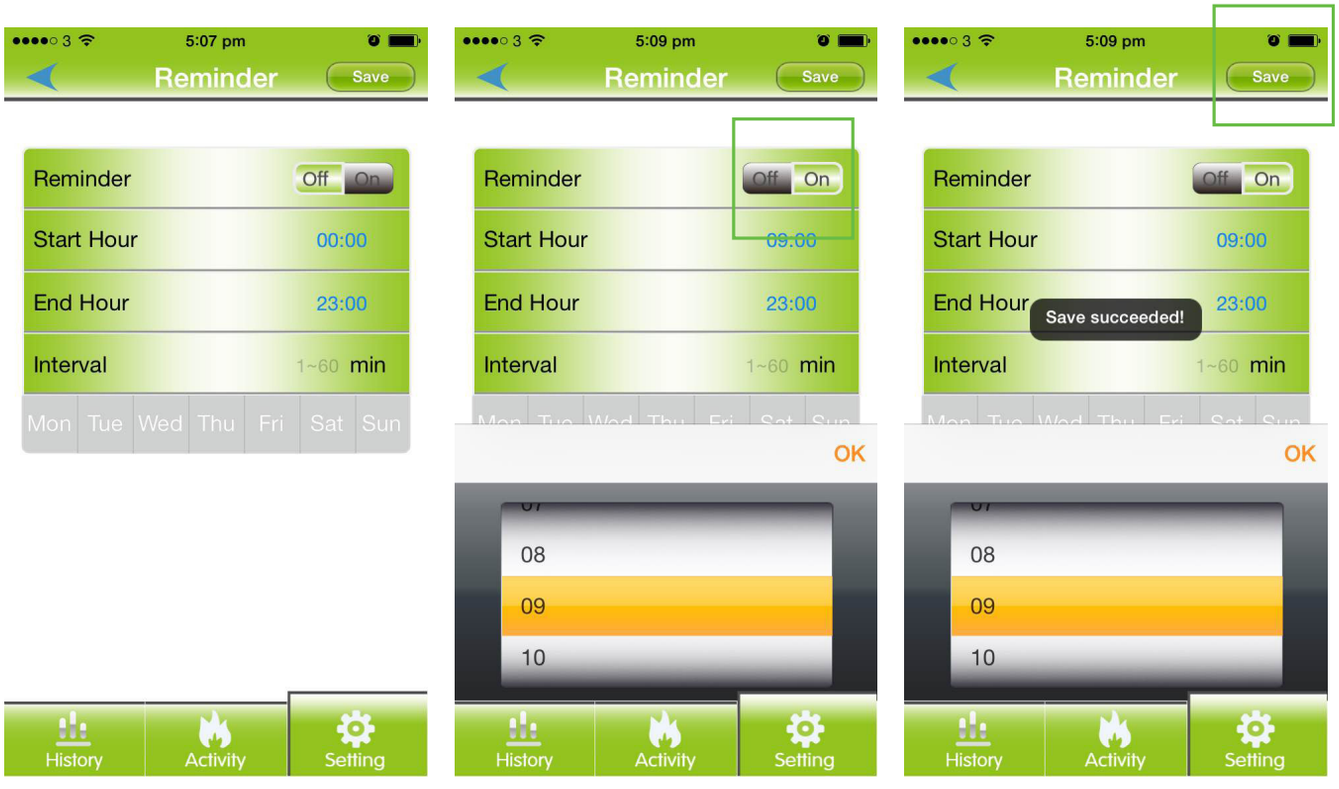


# REMINDER SETTINGS

This is a special alarm that can be activated to remind you to stay active. You can set the alarm from between 15 minutes and 2 hours and it will gently vibrate to prompt you to get up and get moving.

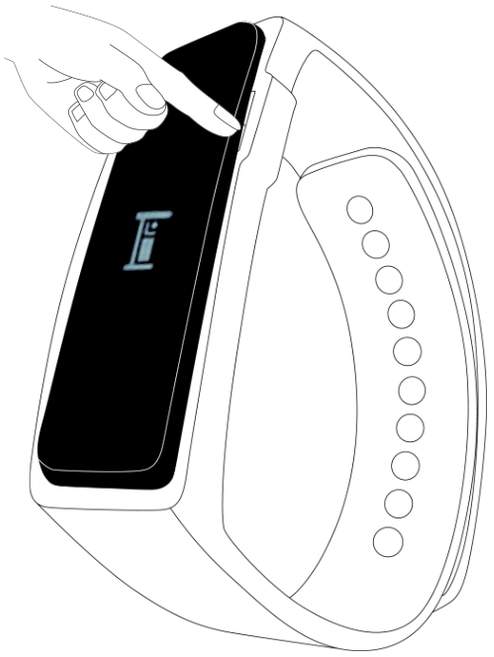
Simply go to: Setting > Reminder Alarm

Click on times you wish the alarm to be active to and from and also the interval frequency of the alarm. Press Save and then sync your Nuband. You are now set.

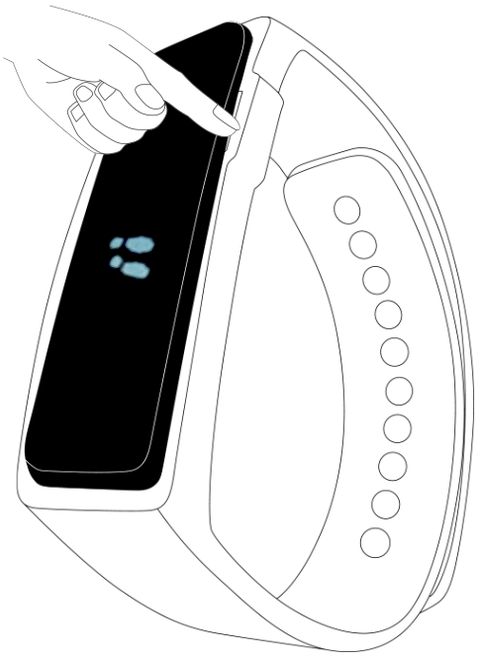


## CHANGING MODE

In order to change between active and sleep, simple double click button on your Nuband.



Sleep



Run

# SMART ALARM

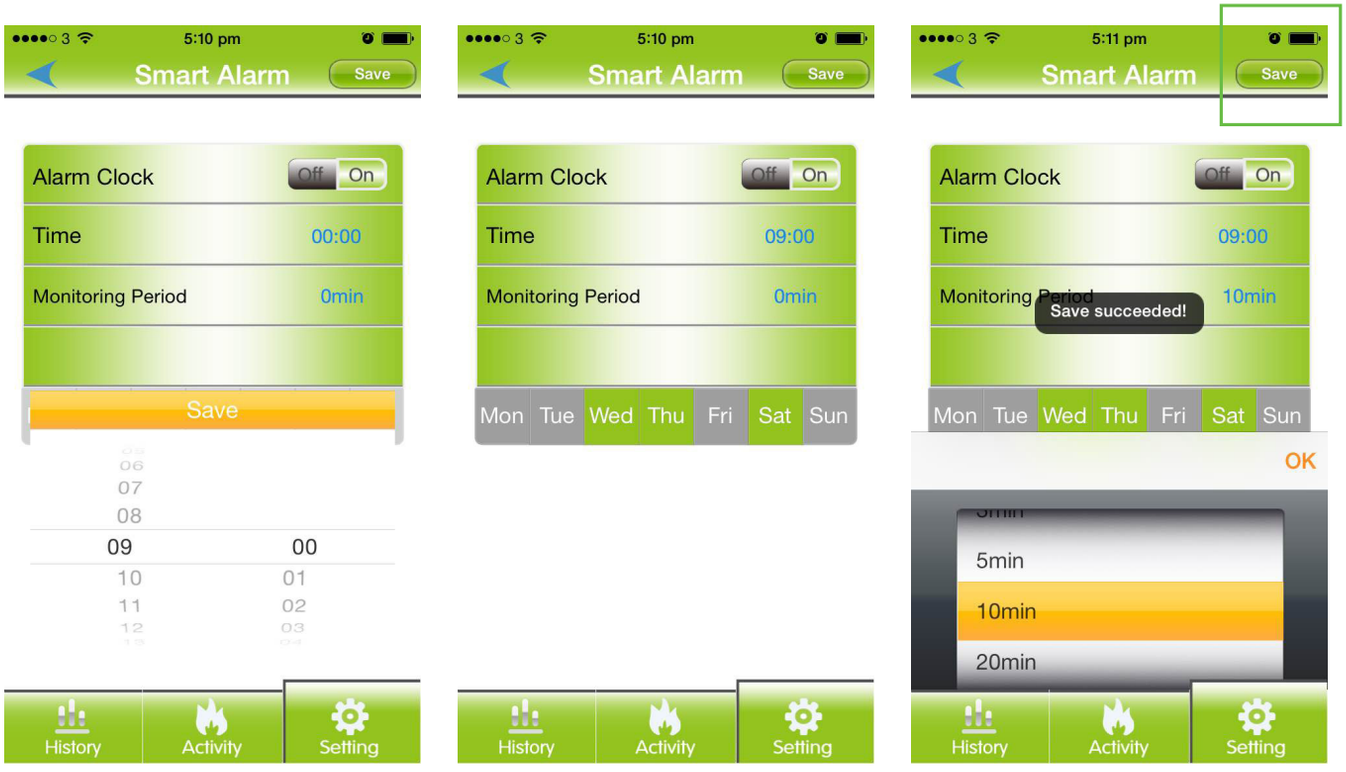
Smart Alarm is a simple alarm clock feature that when set will gently wake you with a soft vibration.

To activate go to: Setting > Smart Alarm

Press > On to activate and set time by clicking on time and using scroll to set.

Monitoring period is a snooze function that will buzz every selected interval until switched off.

Press save and now synchronize to your Nuband.



# RECORDING YOUR DATA

- Once Nuband is paired you can back up your data with Nuband App.

- Click on history tab and you can view your daily, weekly, monthy and yearly exercise and sleep pattern.

# TRACK YOUR ACTIVITY & SLEEP

## ACTIVITY MODE

1. Activity mode illustrates 6 kinds of data these are:

Time / date / battery life remaining

Step taken

Distance in km / miles

Calories

Percentage of daily goal achieved

Sleeping Mode

2. Sync to App to check your daily activity or simply review on Nuband's screen with the touch of a button.

# SLEEP MODE

Sleep mode is activated by clicking button twice on activity mode, the bracelet will vibrate and will appear.
Place your Nuband into Sleep Mode when you are ready for bed.

1. In Activity mode, click the button twice to activate Sleep mode, Nuband will vibrate gently and logo will appear.
2. In Sleep mode, you can still check the time. Simply click the button and

will appear.
3. Nuband will automatically set to activity mode once you are walking around over 15 minutes.
4. In order to track your sleep, simply sync Nuband to the App and data on previous night's sleep will appear. The data can be stored in and backed up in the app for multiple years.

Note:

- If you forget to change mode on Nuband after waking up, it will automatically switch to sport mode after being active for over 15 minutes, up to each user's activity.
- Long press the button for 5 seconds, , on / off.
- Double click activates both Sleep and / or Activity modes
- Nuband only saves 3 days of data, you need to synchronize the app at least once every 3 days.

# TECHNICAL SPECIFICATION

## FEATURES

1. Nuband Activity and sleep tracker.
2. Offer healthy sports guides.
3. Track your sleep and wake up silently with a vibrating alarm
4. Remind's you to exercise when you've been inactive for longer periods by vibrating twice.
5. Pushes you to achieve your desired daily goals.
6. Bluetooth 4.0 sync with all the info is collected and stored in real time.
7. 3 Hour charge time lasts 5~7 days.
8. Water resistant-splash proof only.

## FEATURES

- **BT 4.0 compatible with IOS 7.0 & Android 4.3 version and above**
- **Apple IOS Devices (IOS 7.0 version and above)**
  iPhone 4S / 5 / 5S / 5C / 6 / 6 Plus, iPod touch5, iPad 4, iPad Mini, iPad Mini with Retina display, iPad Air, iPad Air 2.
- **Selected Android devices with minimum of Android 4.3. Please check phone manufacture for further details.**

## POWER AND BATTERY

- 5 to 7 days of battery life.
- About 2 to 3 hours to fully charge.
- Built - in rechargeable Li-on polymer battery.
- Included USB to micro USB cable for charging 5v.
- 550m A Max 2.5W (included).

## NUBAND BRACELET

- SIZE: Screen 20x45mm / Band: 16mm
- Weight: 18.5g
- Screen: OLED
- Storage data: Sport data can be synchronized on the Nuband app and stored indefinitely
- Accessories: USB charge cable and instruction
- Software: Nuband ISO / Android